



REGISTRATION

Clinic Dates: August 9-10 (Little Falcons)
August 11-13 (Advanced Falcons)

Clinic Times: 9a - 4p (Each Day)

Location: Daytona State College

Clinic Costs: Little Falcon \$65.00
Advanced Falcon \$100.00

How to register: See Attached Form

Camp Ages: Little Falcons—7 –12 yrs
Advanced Falcons— 13– 17 yrs

SKILLS TO BE COVERED

Fielding and Base Running

These sessions will focus on proper defensive techniques on the infield and outfield positions. Instruction for all fielders will include throwing, fielding and position responsibilities. Instruction on stance glove work, forehands, backhands and footwork, etc will be covered. This session will also cover techniques and strategies of proper base running. Smart and aggressive base running is a key component to a productive offense.

Offensive

These sessions will focus on the proper hitting techniques, hitting different pitch locations, off speed pitches and advanced mechanics. You will drill the necessary fundamental, mechanical and explosive movements that are keys to becoming a better hitter.

Pitching

Instruction will be general toward increasing speed and gaining control of the fastball. Instruction on the change-up pitch will also be included along with several different grips and style. This session will also be targeted towards building your pitching repertoire. Several different grips and techniques of throwing different moving pitches will be taught. The purpose and strategy of each pitch will be discussed.

Catching

These sessions will focus on the proper defensive techniques of the catching position. Catchers will receive instruction on stance, blocking balls, throwing to bases, pop-ups, signal calling and knowledge of the strike zone rules. Game defensive strategy will also be discussed.

INSTRUCTORS

The Clinic will Feature:

Sabrina Manhart, Daytona State Head Coach

- NCAA Regional Appearance
- MEAC (Div I) All Tournament Team

Alissa Smith, Former Div I Asst. Coach

- Assistant Coach at Bethune Cookman(1999-2005)
- Assistant Coach at University of MD (2005-2009)
- 5 Regional Appearances/Won 2005 Regional
- Member of the South Region Coaching Staff of the year (2005)

Kelsi Dunne, University of Alabama

- SEC Pitcher of the Year (2010)
- ASA/USA Player of the Year Watch List (2010)

Rachel Kilbert, Eckerd College Assistant Coach

- Super Regional Appearance (2005)
- Big East All Rookie Team (2001)

Members of Daytona State Softball Team

The Academy will also feature members of the 2010 Daytona State College Softball team.

THIS ACADEMY PROMISES TO BE A GREAT SOFTBALL EXPERIENCE!!

For Any Team Bringing 5 or more players you can receive a \$10.00 discount per player!!!!

